

Jessica Samora, an Associate Marriage and Family Therapist and Associate Professional Clinical Counselor is passionate about providing a nonjudgmental therapy environment for all her clients. Due to her experience working with marginalized groups such as people of color and those who identify within the LGBTQIA2+ community she strives to provide trauma informed care while gently encouraging clients grow and create meaningful changes in their life.

Jessica has provided therapeutic care with emphasis on clients who have experienced violence within their relationship, including sexual violence. She has had the opportunity to provide care to those after a recent trauma and at time many years after the event. Her approach to therapy with clients is a balance of Cognitive Processing Therapy, Solution Focused, emotion regulation, mindfulness techniques.

License Status: Therapist practicing under the supervision of Tina Marie Del Rosario, LCSW