

Amanda is a bi-racial associate clinical social worker whose familial history holds a place in social justice and advocacy.

Amanda spends her time hiking in the mountain ranges of Los Angeles, where her dogs are always by her side. She loves the diverse and eclectic environment surrounding her and gravitates toward people who put kindness and empathy first. Some areas of interest for Amanda include: identity development, cultural competency, interpersonal relationships, historical trauma, mind-body connection, and anxiety/depression.

License Status: Therapist practicing under supervision. Supervisor: Tina Marie Del Rosario, LCSW